

## Why not consider a career in Dentistry?

Australian Dental Association NSW Branch

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## Is this you?

- Interested in healthcare
- Like helping people
- Enjoy working with your hands
- Like working as part of a team
- Have good concentration
- Enjoy talking to lots of different people
- Good organiser
- Enjoy continually learning new things...

## ... If so, you could enjoy a career in dentistry.



## You could be a:

- Dental Assistant
- Practice Manager
- Dental Hygienist
- Oral Health Therapist
- Dental Prosthetist

Dental Therapist

MANACH.

- Dentist
- Dental Technician



# Dental Assistant



### What does a Dental Assistant do?

- Assists dentists during clinical treatment
- Greets patients and helps put them at ease
- Prepares the dental surgery and dental materials
- Carries out infection control procedures such as sterilising equipment
- Updates patient records, processes x-rays and carries out other administrative duties
- With advanced training, Dental Assistants can:
  - Take x-rays and other clinical dental imaging
  - Deliver oral hygiene instruction and diet counselling.



### **Advantages of being a Dental Assistant**

- Working in a varied and interesting job
- Working as part of a close-knit team
- Having an active hands-on role with limited time sitting at a desk
- Helping to relieve people's pain and discomfort
- Highly transportable skills with an ability to work all over Australia and in other countries.



### How to become a Dental Assistant

On the job training for dental assisting can be provided. Formal training options include a Certificate III and IV in dental assisting.

#### Where can you go from there?

- Complete a Certificate IV or Diploma of Practice Management to become a Practice Manager
- Complete a 3-year Bachelor of Oral Health degree to become an Oral Health Therapist, Dental Therapist or Dental Hygienist

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- Move into product sales in the dental industry
- Teach Dental Assistant courses
- Travel: Use your qualification on a working holiday.



# Practice Manager



### What does a Practice Manager do?

- Coordinates appointments and administration for dental office efficiency
- Manages dental clinic staff and operations
- Bills patients, organises appointments, manages patient records
- Markets the practice by, for example, updating the website and sending out e-newsletters
- Sometimes a practice manager may also undertake other roles in the dental clinic including reception or assisting duties.



### **Advantages of being a Practice Manager**

- Varied and interesting role
- Good training in running a business and organising people
- Can move into administration in other areas of healthcare
- Working as part of a close-knit team
- Working with people and helping to put them at ease.



### How to become a Practice Manager

Opportunities for formal training as a Practice Manager include a Certificate IV or Diploma of Practice Management.

#### Where can you go from there?

- Complete a 3-year Bachelor of Oral Health degree to become an oral health therapist, dental therapist or dental hygienist
- Move into other administrative or office management roles in the healthcare sector or beyond
- Teach Practice Management courses
- Travel: Use your qualification on a working holiday.



# Dental Hygienist Dental Technician Dental Therapist



### What does a Dental Hygienist do?

- Provides preventative treatment to children and adults, including scaling, cleaning and polishing teeth
- Takes and interprets x-rays
- Takes impressions and makes dental models
- Provides fluoride treatment as well as other dental medicaments
- Constructs mouthguards and other dental appliances
- Provides oral health advice and diet counselling.



### What does a Dental Technician do?

- Works in a laboratory, constructing, repairing and adjusting dental appliances
- Works with dentists to fabricate items such as dentures, crowns, bridges, orthodontic appliances, mouthguards and sleep appliances
- Works with various materials including wax, metal, plaster and ceramics
- Works with dental prosthetists and dentists, but has no direct contact with patients.



### What does a Dental Therapist do?

- May have a teaching role, working with other healthcare providers
- Collaborates with and refers patients to dentists
- Provides dental examinations, oral cancer and tooth decay screenings and saliva testing for young people
- Fills and extracts teeth, administers injections and cleans teeth and gums
- Takes and interprets x-rays and makes impressions of the teeth for plaster study models and mouthguard construction
- Educates young people and their parents about oral healthcare.



### Advantages of being a Dental Hygienist, Oral Health Therapist or Dental Therapist

- Working independently in a varied, interesting and skilled role, and also working as part of a team
- Using clinical, teaching and customer service skills
- Relieving people's pain and discomfort.





### How to become a Dental Hygienist, Oral Health Therapist or Dental Therapist

You will need to complete a full-time Bachelor degree available at several universities in metropolitan and regional Australia. These are usually three years in duration.

#### Where can you go from there?

- A Bachelor degree can be used for entry into a postgraduate dental degree
- Move into education, research, community work or administration in the oral health or healthcare sectors
- Work overseas.

# Dentist





#### Patient care

- Performs dental examinations, provides diagnoses and creates treatment plans to address patient concerns
- Provides dental treatment such as restoring teeth, surgery including extractions, periodontal care for gum disease, replacement of missing teeth, diagnosing pathology and managing oral health in patients with systemic disease
- Depending on capabilities, provides more specialised dental care
- Educates patients on how to prevent oral health problems by teaching skills such as how to brush the teeth and make positive diet choices
- Prescribes medications and refers patients to other health practitioners including specialists.





### What else does a Dentist do?

- Processes and interprets x-rays
- Provides education on dental care to the public
- Maintains concise, complete and accurate patient dental records
- Supervises the rest of the team and is responsible for leading the team in delivering oral health services
- Continually educates himself or herself and upgrades skills.



### How to become a Dentist

Dentists require a degree to enable them to be registered to practice; there are 11 universities in Australia, New Zealand and Fiji that offer dental training. Some universities require a first degree prior to undertaking a dental training course.

#### Where can you go from there?

- Teach dentistry or become an academic
- Specialise in a chosen area of dentistry such as endodontics (focusing on the teeth)
- Create and deliver educational programs or get on the speaker circuit
- Work in remote areas of Australia or overseas in the community aid or public health sectors.

## Other Dental Careers



# Dental Technician





### What does a Dental Technician do?

- Works in a laboratory, constructing, repairing and adjusting dental appliances
- Translates two-dimensional diagrams into three-dimensional products such as dentures, implants, mouthguards and crowns
- Works with various materials including wax, metal, plaster and ceramics
- Works with dental prosthetists and dentists, but has no direct contact with patients.

Works with dentists to fabricate items such as dentures, crowns, bridges, orthodontic appliances, mouthguards and sleep appliances.



### **Advantages of being a Dental Technician**

- ► Working with professionals in a scientific environment
- Working in a varied and interesting job using both scientific and artistic skills
- Ability to construct dental appliances without the patient being present leading to increased time flexibility with fabrication processes.



### How to become a Dental Technician

It is recommended that you complete a two-year Diploma in Dental Technology at TAFE or other accredited institution.

#### Where can you go from there?

- Study further to become a prosthetist, therapist or dentist
- Move into other areas of prostheses construction such as post-cancer surgery reconstruction.

## Dental Prosthetist



### What does a Dental Prosthetist do?

- Consults with dentists and patients on constructing and maintaining removable appliances such as dentures and mouthguards
- Performs oral health assessments and dental examinations on patients
- Makes impressions of the teeth and models of the mouth, teeth and jaws
- Is skilled in both the clinical and technical aspects of fitting appliances
- May work independently and run their own business
- Is a provider recognised by the Australian Government and all private health funds.



### **Advantages of being a Dental Prosthetist**

- Working with a wide range of people in a varied and interesting job in a healthcare environment
- Using scientific, artistic, clinical and technical skills
- Being your own boss
- Seeing upfront the positive differences you have made to people's lives.

### How to become a Dental Prosthetist

- Firstly, you will need to complete a two-year Diploma in Dental Technology at TAFE or other accredited institution
- Complete a two-year part-time Advanced Diploma in Dental Prosthetics at TAFE or other accredited institution.

#### Where can you go from there?

- Teach students at TAFE and university about clinical and technical aspects of dentistry
- Become an inventor develop, patent and produce new dental appliances or production processes
- Be a technical advisor or marketing manager for the dental laboratory industry
- Research new dental materials.

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## Thank you



Australian Dental Association NSW Branch

### For more information

Phone 02 8436 9900 Email adansw@adansw.com.au

www.adansw.com.au/Careers.aspx